

Seven Sacred Sites

Magical Journeys That Will Change Your Life

Since ancient times, sacred sites have had a powerful effect on people. Their vibrational essence, beauty, tranquillity and history, along with the magnetic power infused in each one by centuries of pilgrims steeping it with love and energy, can heal people physically, activate them spiritually and open the soul to its divine purpose. Some are intricate man-made structures, such as the old Inka city of Machu Picchu in Peru or the pyramids of Egypt, while others are ancient paths of energy like the Camino, a pilgrimage across the north of Spain. Some are scientifically and magically placed stone circles such as Britain's Stonehenge, while others are natural formations like the Tor, the sacred hill in Glastonbury, England; Uluru, the ancient monolith in Central Australia; and the volcanoes, mountains and oceans of Hawaii.

In the new book *Seven Sacred Sites: Magical Journeys That Will Change Your Life*, discover what makes these places sacred, when to go and how to get there, the history of each site, the rituals that were performed there, their cultural and magical significance, and the way they inspire, touch and initiate growth and learning in all visitors. Just as importantly, find out how to attain the state of grace and sacredness inspired by each place without leaving home.

Follow the author as she awakens to the divine in Machu Picchu and the jungles of the Amazon, goes beyond the mists in Glastonbury, the magical Isle of Avalon, to reconnect with her own enchanted self, witnesses the masculine and feminine face of the divine in Ancient Egypt's mystical pyramids and temples, walks the pilgrimage path of the Camino in Spain on a journey towards her inner self, experiences the pure joy of the dolphins, rainbows and goddesses in the powerful earth energies of Hawaii, feels the magic and wisdom of the ancient stones at Stonehenge and finds a sense of place at Uluru, the spiritual heart of Australia.

Including postcards from authors and teachers Shirley MacLaine, Doreen Virtue, Cassandra Eason, Lucy Cavendish, Elisabeth Jensen, Colette Baron-Reid, Jude Currivan and Alberto Villoldo, this book is part spiritual adventure story, part history, part travel guide. It will send you on a journey to the most beautiful places on the planet as well as the deepest, most sacred places within your self, and open you up to the magic of the universe, within and without.

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Serene Conneeley is an Australian writer and healer with a fascination for history, travel, ritual and the myth and magic of ancient places and cultures. She has written for magazines about health, news, social and environmental issues, and contributed to books on psychic development, personal transformation and witchcraft. Her pagan heart blossomed as she climbed mountains, sat in stone circles, wandered through ancient cathedrals and stood in the shadow of the pyramids on her travels, and she's also learned the magic of finding true happiness and peace at home.

Serene has travelled to some of the most beautiful places on earth, and taken sacred plant medicine with shamans in the Amazon jungle, explored her inner priestess in the mystical isle of Avalon in Glastonbury, meditated in Egypt's Great Pyramid at dawn on the summer solstice, connected with the volcano goddess to burn away pain in the island paradise of Hawaii, danced within the sacred circle of Stonehenge in the British Isles, walked in the footsteps of kings and queens on a pilgrimage across Spain, and explored the powerful earth energy of Uluru with Anangu elders.